

**Activities at Newton Price Centre**

Classes include yoga, drumming, life coaching, hip hop, ballet, jazz, languages & more. Tel: 01923 233439 or visit: www.n-p-c.btck.co.uk

**Activities at Watford Palace Theatre**

Includes community choir for all. Tel: 01923 225671 or visit: www.watfordpalacetheatre.co.uk

**BaaBaa Babies**

Ages 0-5. Activity classes to exercise little minds & bodies. Tel: 07949 132517 or visit: www.baabaababies.co.uk

**Creative Classes with The Dan Tien**

Evening classes for children & adults. Centrepont Community Centre. For times & prices tel: 01923 441043 or visit: www.thedantien.co.uk

**Classes in Dance, Drama & Musical Theatre**

18 months to professional level. Collective Dance Performing Arts School & Teaching College. Tel: 0208 428 0037 or email: info@collectivedance.co.uk

**Events at Watford School of Music**

Term time classes & individual tuition, music & movement, wind bands, junior music school, Taiko drumming, soul singers, string orchestras & more. Visit: www.hertsmusicservice.org.uk, email: southmusicenquiries@hertsgov.uk or tel: 01923 225531

**Hartbeeps Magical Music Workshops**

Babies & pre-schoolers. Café Cha Cha Cha, Cassiobury Park. Various days & times. £5.50 for first child & £2 for siblings. Visit: www.hartbeeps.com, email: sarah@hartbeeps.com or tel: 07796 097724

**Femme Fitness**

Women only gym & fitness centre. Various classes from spinning to yoga. Visit: www.femmefitnesswatford.co.uk, email: info@femmefitnesswatford.co.uk or tel: 01923 241634

**Rotary Club of Watford**

Get involved in activities aimed at helping others & raising money. Watford Town & Country Club. Various dates & times. Visit: www.rotarywatford.org

**Leal School of Dance**

Classes for children & adults. 5 & 10-week adult basic courses including tap & ballroom & 10-week performing arts course for ages 4-18. Tel: 01923 218626 or visit: www.lealschoolofdance.com

**Pregnancy Yoga**

Regular weekday & weekend classes. Central Watford. For details & prices tel: 07980 415698 or visit: www.esprit-yoga.com

**Rosemary Conley Diet & Fitness Classes**

All ages. Plus Slim, Aerobics & Zumba Classes. Various locations, days, times & prices. Tel: 01753 880460 or email: jeannettepeel.rcdfc@virgin.net

**Sunshine Charity courses**

Various courses including Children's Care Learning & Development, Health & Social Care & UK Online Beginners' Computer Classes. Various days, times & prices. Tel: 01923 330763 or visit: www.sunshinecharity.com

**Watford Camera Club**

Weekly meetings (Thursdays) & monthly digital workshops (Tuesdays). Various venues. Visit www.watfordcameraclub.org

**FREE Wild about... Watford!**

Come & help protect & enhance Watford's parks & open spaces as part of the council's nature conservation programme. Volunteer opportunities available all over the town. Tel: 01923 278333

**Yoga at Westfield**

Beginners, pregnancy, baby & toddler yoga. Westfield Children's Centre. Various times & prices. Tel: 07980 415698 or visit: www.esprit-yoga.com

# What's On

## January 2011

4-page guide packed with exciting local events!

Cover photo: Mact Jones - http://photos.mactjones.com



Watford Borough Council is committed to creating a family friendly town, and is keen to encourage events and activities that bring people together, to have fun and be entertained. If you are interested in providing entertainment in the town, please contact us for an application form, by email: [community@watford.gov.uk](mailto:community@watford.gov.uk) or call on tel: **01923 278333**.

When finished please recycle

Your guide to What's On in and around Watford this month  
[www.watford.gov.uk](http://www.watford.gov.uk)



## FREE Space<sup>2</sup> exhibitions

18 January-18 February  
**Space<sup>2</sup> pop up illustration**  
 In partnership with the New Hope Trust. Variety of illustrated works by local, regional & national artists - come along & see! 60-62, Queens Road, Watford. Tuesday-Saturday, 10-4pm.

6-28 January  
**Paintings & Photographs by Geoff Shaw**

Customer Service Centre (Town Hall).  
 Monday-Friday 8.30am-5.30pm

6-29 January  
**The Paintings, Watercolours & Drawings of Gordon Hales**  
 Watford Museum. Thursday-Saturday, 10am-5pm.

Tel: 01923 278333 or email: [community@watford.gov.uk](mailto:community@watford.gov.uk)

Starting 3 January  
**Strictly Come Hospice Dancing Event**

Peace Hospice requires contestants for 7 weeks of ballroom & tango training. Come as a couple or be matched with partner. Monday evening lessons at Charters Gym. Finale on 18 February. Cost of sponsorship £125. Details & entry form tel: 01923 330340 or visit: [www.peacehospice.org.uk](http://www.peacehospice.org.uk)

4 January  
**Demonstration in Pastels**

Watford & Bushey Art Society demonstration. Beechen Grove Baptist Church Hall. 7.30-9.30pm. Free to members, visitors welcome £3. Tel: 01923 224848



Space<sup>2</sup> pop up shop - photograph by Bill Cooper 2010

5 January  
**FREE Women of Watford Gathering**  
 Ages 18+ (mothers with children welcome). Networking sessions, demos, display items & more. 1-3pm. Multi Cultural Community Centre. Tel: 01923 220136

8 January  
**Watford Film Society - Jar City**  
 Thriller, cert 15. The Clarendon Muse. 7.30pm, doors open 6.45pm. £4 members booked in advance, £6 on the door (all). Tel: 01923 223980 or visit: [www.watfordfilmsociety.org](http://www.watfordfilmsociety.org)

10 January  
**FREE Teenage Reading Group**  
 Ages 11-17. Meet new people & enjoy chatting about films, music & books. North Watford Library, 5-6.30pm. Tel: 03001 234049 or email: [emilyjacques@hertscc.gov.uk](mailto:emilyjacques@hertscc.gov.uk)

13 January  
**History of Sun Printers**  
 Adults. Friends of Watford Museum talk by Brian Reynolds. Watford Museum. 2pm. £2, free for Friends. Visit: [www.watfordmuseum.org.uk](http://www.watfordmuseum.org.uk), email: [info@watfordmuseum.org.uk](mailto:info@watfordmuseum.org.uk) or tel: 01923 232297

15 January  
**Watford Film House - The History Boys**  
 Comedy-drama, cert 15. Pump House Theatre & Arts Centre. 7.45pm, doors open 7.15pm. £5, members £3. Visit: [www.watfordfilmhouse.com](http://www.watfordfilmhouse.com)

## Weekly Activities

**Mondays Adult Wind Band**  
 For players of grade 5-8 standard. Term time only, 8-9.15pm at Watford School of Music. £33 per term. Tel: 01923 225531 or email: [southmusicenquiries@hertscc.gov.uk](mailto:southmusicenquiries@hertscc.gov.uk)

**Dance for teenagers**  
 Ages 13-18. Classes in Street Dance, Jazz, Musical Theatre & Tap. From 7.15pm. Watford Grammar School for Girls. Tel: 07740 605275 or email: [chantal@hotandbothered.biz](mailto:chantal@hotandbothered.biz)

**Pre-School Music**  
 Ages 3-4. Dalcroze Eurhythmics. Watford School of Music. 2.15-3pm. £41 per term. Tel: 01923 225531 or email: [southmusicenquiries@hertscc.gov.uk](mailto:southmusicenquiries@hertscc.gov.uk)

**Soul Singers**  
 Ages 14+ including adults. Join our choir & experience a wide range of music. Term time only, 5.30-6.45pm. Watford School of Music, The Clarendon Muse. £51 per term. Tel: 01923 225531 or email: [southmusicenquiries@hertscc.gov.uk](mailto:southmusicenquiries@hertscc.gov.uk)

**Watford Folk Dance Group**  
 Adults. Term time. Traditional English country dancing club. No experience necessary. Christ Church Hall. 8-10pm. £3 including refreshments. Tel: 01923 233371 / 672341

**Women's Morris Dance Practice**  
 Ages 18+. Weekly practice to learn traditional English dance. Male & female musicians welcome. The Pump House Theatre & Arts Centre. 8.15-10.15pm. Tel: 01727 823791 or email: [s.m.rawlins@herts.ac.uk](mailto:s.m.rawlins@herts.ac.uk)

**Children's Performing Arts Workshops**  
 All children ages 5-11 welcome. Sing, dance, act & perform at Little Angel's fun filled workshops. Newton Price Centre. 5.30-6.30pm. Tel: 0208 113 0331 or visit: [www.littleangel.org](http://www.littleangel.org)

**Mondays & Tuesdays FREE Story & Rhyme Time**  
 Under 5s (older siblings welcome). Mondays at North Watford Library. Tuesdays at Watford Central Library. 2.15-2.45pm. Tel: 03001 234049

**Mondays & Wednesdays Belly Dancing for Beginners & Advanced**  
 The Newton Price Centre & The Centre, South Oxhey. Various times. £5-7. Visit: [www.dawnharveybellydancer.webs.com](http://www.dawnharveybellydancer.webs.com), email: [harveydawn@aol.com](mailto:harveydawn@aol.com) or tel: 07850 310978

**Tuesdays Hayaam Bellydance Classes**  
 Ages 16+. TFC Studio. Various times for Beginners, Improvers & Intermediate. £30-42 for 6 weeks. Visit: [www.hayaam.com](http://www.hayaam.com), email: [hayaam@hayaam.com](mailto:hayaam@hayaam.com) or tel: 020 8123 7383

**Herts Inclusive Theatre**  
 Starting 11 January. Ages 6-18. Drama & theatre workshops. The James Theatre, Watford Grammar School for Boys. Various times & prices. Visit: [www.hitproject.co.uk](http://www.hitproject.co.uk), email: [hertsinclusive@live.co.uk](mailto:hertsinclusive@live.co.uk) or tel: 07857 986364

**FREE Lunchtime Concerts at St Mary's**  
 St Mary's Church. 1-2pm. Tel: 01923 225189

**Open Mic Music Event**  
 Pump House Theatre & Arts Centre. Doors open 7.30pm for 8.30pm start. 15 minute slots for players. £3. Raffle. Email: [watfordopenmic@hotmail.com](mailto:watfordopenmic@hotmail.com)

**Salsa Revolution Classes**  
 Over 18s. Highlight (formerly Jongleurs). Lessons 7.30-9.30pm, social dancing & music til late. £7, drop in. Visit: [www.salsarevolution.co.uk](http://www.salsarevolution.co.uk)

**Tuesdays & Thursdays FREE BTCV Green Gym**  
 Practical nature conservation in Watford's green spaces. Get physically active, learn new skills & make a difference to your local environment. 10am-1pm. Tel: 01923 278220 or email: [GG-Watford@btcv.org.uk](mailto:GG-Watford@btcv.org.uk)

**Tuesdays & Fridays Popdance**  
 Ages 18+. Learn dance routines to 'pop' music. Watford Woodside Leisure Centre. Tuesdays 8pm, Fridays 10am. First class free. Visit: [www.popdance.co.uk](http://www.popdance.co.uk), email: [info@popdance.co.uk](mailto:info@popdance.co.uk) or tel: 08444 829706

**Wednesdays Contemporary dance**  
 Beginner & general level. YMC. 7-8pm. For details & prices tel: 07854 401087 / 07805 418549

**Lindy Hop, Jitterbug & Jive**  
 16-60 years. Learn to dance various 1940s' swing dances. Beechen Grove Baptist Church. 8-11pm. Various prices. Visit: [www.jiveswing.com](http://www.jiveswing.com) or tel: 01438 718906

**Meditation - Creating harmony & fulfilment**  
 Combine guided meditation with practical advice on stress reduction & problem solving. Friends Meeting House. 7.30-9pm. £8 per class, drop-in. Visit: [www.meditateinlondon.org](http://www.meditateinlondon.org), email: [info@meditateinlondon.org](mailto:info@meditateinlondon.org) or tel: 020 8455 7563

**Morris Men Dance Practice & Tuition**  
 Ages 18+. Weekly practice to learn & perfect traditional & contemporary Morris dances. Pump House Arts Centre. 8-10.30pm. Tel: 01727 839266 or email: [info@woodsidemorrismen.com](mailto:info@woodsidemorrismen.com)

**Music for Babies & Toddlers**  
 Ages 0-3. Drop-in sessions. Watford School of Music, Clarendon Muse. 10-10.45am. £4.10 per child, pay on day. Tel: 01923 225531 or email: [southmusicenquiries@hertscc.gov.uk](mailto:southmusicenquiries@hertscc.gov.uk)

**(NEW) Watford Unite - Football Sessions**  
 From 10 January. Ages 10-18. Safe & enjoyable football sessions. Radlett Road Open Space. 6-7pm (10-13 years), 7-8pm (14-18 years), 50p per session. Just turn up & register. Tel: 01923 496292 or email: [rob.walter@watfordfc.com](mailto:rob.walter@watfordfc.com)

**Street Dance Drop in Sessions**  
 Ages 5-15. Learn latest routines to current chart music. Femme Fitness Ladies Only Gym. 4.15-5.15pm (5-8 years), 5.15-6.15pm (9-15 years), £5 per session. Tel: 01923 496233 or email: [zoe.tomlins@watfordfc.com](mailto:zoe.tomlins@watfordfc.com)

**Nia - Fitness through Dance**  
 All ages & abilities. Fun, creative way to exercise & relieve stress. TFC Studio. 9.30-10.30am. £10 per drop-in or £7 block of classes. Tel: 07786 172407 or visit: [www.michelekaye.com](http://www.michelekaye.com)

**Thursdays FREE Baby Rhyme Time**  
 Watford Central Library. First & third Thursday of month, North Watford Library second & fourth Thursday. 2.15-2.45pm. Tel: 01923 471333

**Gentle Yoga**  
 All ages & abilities. Cassio Lodge. 7-8.15pm, £7 per class. Tel: 07984 429255 or email: [h.connelly@talktalk.net](mailto:h.connelly@talktalk.net)

**Fridays Blag Youth Drama Workshop**  
 Ages 8-12. Drama classes. Pump House Theatre. 4.30pm-6pm. £9 a session. Tel: 01923 772320 or email: [blagtheatre@btconnect.com](mailto:blagtheatre@btconnect.com)  
**Music & Movement sessions for toddlers**  
 Ages 2-2½. Fun & educational, also Toddler Tap. Collective Dance Studio. 10.30am (2 yrs), 11.30am (2½ yrs). Visit: [www.collectivedance.co.uk](http://www.collectivedance.co.uk), email: [info@collectivedance.co.uk](mailto:info@collectivedance.co.uk) or tel: 0208 428 0037

**Saturdays Dance classes for Children**  
 Various classes for boys & girls aged 2½-12 years. Various times. Watford Grammar School for Girls. Tel: 07740 605275 or email: [chantal@hotandbothered.biz](mailto:chantal@hotandbothered.biz)

**Fitbumps**  
 Fitness classes for pregnancy. Femme Fitness. 11.30am-12.30pm. £8 per class, concessions available. Tel: 07980 415698 or visit: [www.esprit-yoga.com](http://www.esprit-yoga.com)

**Sundays Zumba adults**  
 Ladies only. Femme Fitness. 12-1pm. Gym members £5 (non members £6). Email: [zumba@baabaababies.co.uk](mailto:zumba@baabaababies.co.uk) or visit: [www.zumba.com](http://www.zumba.com)

**Salsa Revolution Sunday Social**  
 Over 18s. Last Sunday of month. Special guest teacher 7.30-8.30pm followed by classes for all abilities 8.30-9.30pm & social dancing til late. Highlight (formerly Jongleurs). Visit: [www.salsarevolution.co.uk](http://www.salsarevolution.co.uk)

**Cuban Salsa Duende & Latin dance classes**  
 Over 16s. The Studio Ramada Hotel. 7-8pm basic level Salsa Duende & Latin dance. 8-9pm experienced level. 9-10pm practice time. £8. Tel: 07944 462461 or visit: [www.salsaduende.com](http://www.salsaduende.com)